

## Fist Assist

Fist Assist is a non-invasive, external medical device which uses a pneumatic balloon for intermittent vein compression.

## How it Works?

The Fist Assist device apply intermittent pressure to a specific arm vein that may help dilate the vein for blood draw and eventual AV fistula placement.

- Assist with Venous Pre-surgery preparation
- Assist with Fistula Maturation
- Decrease total catheter contact time and fistula development time
- Improve fistula maturation and cannulation
- Significantly reduce costs in treating Stage 4 and ESRD markets
- Empower patients to have a device for vein dilation and phlebotomy

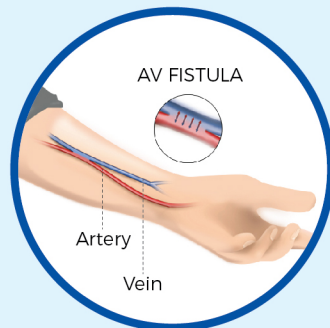




Fist Assist®

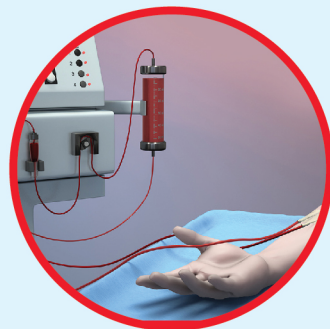
## Hemodialysis

- Durable and best hemodialysis with large arm veins
- Vein dilation and enlargement before and after arm fistula surgery ensures best results
- Arm vein dilation can occur with hand exercises, lifting weights, squeezing a rubber ball
- Larger veins before surgery ensures best results with dialysis
- Vein preservation and dilation is important



## Vein Dilation

- Having large arm veins before hemodialysis or fistula surgery on the arm is important
- Enlarging your arm veins before any surgery or procedures is important
- Hand exercises or lifting weights can enlarge veins
- Important to enlarge arm veins if at all possible



## Phlebotomy (Blood Draw)

- Blood draws require a small needle in the arm veins.
- A rubber band or even tourniquet can be applied to dilate your veins at procedure time.
- Exercising your arms can enlarge your veins.
- Staying warm and drinking fluids can enlarge your veins before the procedure
- Doing home exercises with the Fist Assist device can enlarge veins at home



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